



My Nordic Secondment Week in Oslo

Secondment gives you the experience of a lifetime and opportunities for personal development. Seeing problems from different angles, better cultural understanding and new colleagues are just some of the benefits of an international exchange.

Through our secondment program we can benefit from and share experiences across national borders as well as through practice groups – and not least, build good relationships with our colleagues in neighbouring countries. In the long term this provides extra value for our clients.



We took the opportunity to ask a couple of questions to our colleague Jessica Hagrén, Legal Assistant here at DLA Piper, who recently participated in the Nordic Secondment Week in Oslo.

What was the highlight of your secondment?

I would have to say the dinner we had when we were joined by trainees and a mix of associates and partners. The evening started at an after work pub where we had drinks and played some dart, followed by a great dinner at an exclusive Asian fusion restaurant in the middle of Oslo. It was great to get to know our colleagues in a more relaxed setting.

What are you left with after attending the Nordic Secondment Week?

I am left with more Nordic friends and a better understanding of the differences – and similarities – between our countries. I have also been introduced to a new city which I had never visited before.

Why would you recommend your colleagues apply for the program next year?

Because the secondment offers you a great opportunity to get to know your Nordic colleagues in a completely different way than only through regular office gatherings or parties. To be able to work for a week in another country with new colleagues is both rewarding and challenging, and you also get the opportunity to explore a new city and to practice your language skills.

[Read more about our Nordic Secondments here.](#)